




# Natrel<sup>®</sup>

## Whipped Cream

Flick your wrist like a pastry chef for a nice and airy whipped cream. Add a dollop to your dessert or beverage for a decadent touch.

  
SERVES  
4

  
PREPARATION TIME  
15MIN.

  
COOLING TIME  
10MIN.

### Ingredients

1 cup Natrel Lactose Free 35% Whipping Cream

2 tbsp. Icing sugar

Vanilla extract or fresh vanilla beans, to taste

### Preparation

1. Place your bowl and mixer in the freezer for 5 to 10 minutes.
2. Once your bowl and mixer are cold, pour Natrel 35% whipping cream into the bowl.
3. Whip until you see solid peaks form. Add a little icing sugar to stabilize.
4. Add a dollop to your dessert or drink for a decadent touch.