

# Natrel<sup>®</sup>

## London Fog

A delicious latte made with Earl Grey tea, perfect for warming up on chilly afternoons.

SERVES  
2-4



PREPARATION TIME  
10MIN.



COOKING TIME  
5MIN.



## Ingredients

2 bags Earl Grey tea or 1 tbsp loose-leaf Earl Grey tea  
4 cups Natrel Lactose Free 2%  
1 vanilla bean or ½ tsp vanilla extract  
2 tbsp honey, to taste

## Preparation

1. In a saucepan, combine Natrel Lactose Free and vanilla. Warm over low heat for approx. 10 minutes.
2. Add tea and let steep in hot Natrel Lactose Free for 5 to 7 minutes.



3. Remove tea bags. If using loose leaf tea, pour the mixture through a strainer.



4.



Pour into bowls. Add honey and serve.