

Natrel[®]

Lactose Free Ice Cream Sandwich

Nothing evokes summer like an ice cream sandwich, especially when it's homemade. With two cookies and a generous scoop of our lactose-free ice cream, the ice cream parlour will never be missed, whether you are lactose intolerant or not!



SERVES

4



PREPARATION TIME

20MIN.



COOKING TIME

8MIN.



COOLING TIME

30MIN.

Ingredients

1 large egg
1 cup of all-purpose flour
1 pinch of salt
1/2 cup of raw pistachios, chopped
1/3 cup of Natrel Lactose Free butter, softened
3/4 cup of brown sugar
1/4 cup of cacao powder
473 mL of Natrel Lactose Free ice cream, flavour of your choice.

Preparation

1. Preheat oven at 350 °F.
2. Mix all ingredients in a bowl to form dough.
3. Make 8 balls of dough, then flatten them to form cookies.
4. Place cookies on a parchment-paper covered pan and cook for 8 minutes.
5. Let cool completely.
6. Garnish the 4 cookies with Natrel lactose-free vanilla ice cream, then top with the 4 remaining cookies.
7. To decorate the sandwiches, roll them in raspberry pieces or pistachio crumbs.